



## MOST News

Read Online

### SUPERTWINS Volume 16 #4 Is in the Mail!

This issue contains a full two-page write-up about the [MOST WNBA event](#) with the Lady Liberty at Madison Square Garden and a feature story about cystic fibrosis and infertility.

The Kids in the Kitchen column has an article about getting children involved in the meal preparation, and the local volunteer spotlight story is about MOST Area Coordinators in Georgia.

In addition, this issue has two articles for families with special needs children: one discusses traveling and the other therapeutic listening. New and expectant parents of multiples won't want to miss the article about when babies can come home from the NICU that.

This issue also contains a whole back to school section, an important article about post-partum depression and the multiple birth mom, a touching story in the Lost Angels section called "A Healing Heart Waiting for Joy," and so much more.

**Be sure to complete our [online evaluation](#) for this and future issues of SUPERTWINS!**



### Just Updated!



### MOST/PreemieCare NICU Glossary

MOST and PreemieCare are proud to announce the completed update of the [Glossary of NICU Terms](#). Now containing 190 terms and acronyms, the PreemieCare glossary is one of the most extensive NICU glossaries available on the internet today.

**Preemie Care Glossary of NICU Terms**  
The PreemieCare glossary currently contains 190 acronyms and terms.

| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | U | V | W | X | Y | Z |

[Submit Term of Link for Consideration](#)

**Glossary Acknowledgments:**  
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Gloria Magruder, BSN, MOST Area Coordinator  
Lora Sattler, RN, MOST Toddler Coordinator  
Maureen A. Doolan Boyle, MOST Executive Director  
Diane Wipfler, OTR/L, MOST Assistant Medical Director & Chairman of the Board  
Lauretta Shokler, MOST Technology Director  
Marsha Pike, MOST Copy Editor

<b>A</b>			<a href="#">Back to Top</a>
Term	Definition	Links to Information	
<b>Adjusted Age</b>	Used most appropriately to describe children up to 3 years of age who were born preterm, "corrected age" or "adjusted age" is calculated by subtracting the number of weeks born before 40 weeks of gestation from the chronological age.	<a href="#">University of Michigan Health System: What is child development?</a>  <a href="#">Gaining and Growing: Assuring the Nutritional Care of Preterm Infants: Calculating Corrected Age</a>	
<b>AFDC</b>	(see <a href="#">Aid to Families with Dependent Children</a> )		

## What's New on the MOST Member Forums

The [MOST Member Forums](#) now have well over 200 registered users and almost 800 articles on everything from school fundraisers to laundry products that really work. MOST also offers several special members-only forum:

- ♥ Military Families for MOST members with one or more parents in the military
- ♥ Home-schooling area in the School-age forum for MOST members who home-school or are thinking about home-schooling their children
- ♥ Multiple Multiples area in the Large Family forum for MOST members with more than one set or a combination of sets of twins, triplets, quadruplets, or more

[Forum Terms of Agreement](#)

[Forum Instructions & Group Descriptions](#)

Here is just a sample of forum articles:

- A call for seasonal photos of your children for October's multiples of the week photos
- A children's online medical organizer, and advice on navigating IEP meetings.
- A stroller poll, babysitting co-ops, and hiring a sitter.
- Working full-time while managing multiples and tips for saving money on vacations
- Favorite mystery writers, school fundraisers, and a question about obstetric choelstasis.

[Register](#) on the new MOST forums today. If you are registered, [sign up](#) for access to the members-only and specialized groups.

### Want to Communicate Your Ideas to MOST?

We've just made it easier. Visit the [Contact MOST](#) page to access a variety of forms for sending:

- [A SUPERTWINS article](#)
- [A Sibling Spotlight article\\*](#)
- [A Recipe for Kids in the Kitchen](#)
- [A Craft Idea](#)
- [A Book Review](#)
- [A Student Book Review\\*](#)
- [A Product Review](#)
- [A Website Review](#)
- [A Craft Review](#)
- [General Feedback](#)

\*These forms require a [Parental Consent Form](#) for children under 13 to participate.

MOST also just added an [Ask the Expert](#) form to the website for members to ask question that will be published in SUPERTWINS magazine along with an answer from one of MOST's Advisory Board experts.

### [Review MOST'S School Placement Policy Online](#)



### MOST is Updating the Nanny/Childcare Packet

- Do you have cute pictures of your multiples with their nanny or at childcare?
- Do you have a personal story about hiring a nanny or putting multiples in childcare?
- Would you like to volunteer to help update the Nanny/Childcare Parenting packet?

For photos\*, stories\*, and volunteering, [contact MOST](#) by email or mail them to:

**MOST**  
**P.O. Box 306**  
**East Islip, NY 11730-0306**

\*\*All photos/stories submitted become property of MOST.

*Congratulations  
MOST Caring Team*



Lisa Jacobson, Dorothy Dannelly, Kristi DeBlecourt, and Tina Hansen walked 60 miles in three days from September 8<sup>th</sup> to September 10<sup>th</sup>.

The MOST Caring Team raised over \$11,000 during the Susan G. Komen Breast Cancer 3 Day Walk in Chicago.

## Check It Out

**MOST Store Product of the Month:**  
[E-Z Store Backseat Organizer](#) Keep your car organized with this new item in the MOST store designed to hold toys, cups, crayons, and more.

### **MOST Web Page of the Month:**

**New!** [Medical News](#) The MOST News page provides news articles about medical and psychological studies related to multiples and premature infants to keep families and medical professionals up-to-date on recent research studies.

♥♥♥ Prepared by Laretta Shokler, MOST Technology Director ♥♥♥